

SECTION IV: Curriculum Vitae

Chronology of Education

University of New Mexico, Albuquerque, NM Resident Physician, Family and Community Medicine	1996 -1998
University of New Mexico, Albuquerque, NM School of Medicine, Medical Doctor	1992-1996
University of New Mexico, Albuquerque, NM Major, Biology Minor, Chemistry	1991-1992
New Mexico State University, Las Cruces, NM Undergraduate Studies in Biology and Chemistry	1989-1991

Chronology of Employment

Clinical Associate Professor, Department of Medicine University of Arizona, Tucson, AZ	2009 –
Director of the Fellowship, Arizona Center for Integrative University of Arizona, Tucson, AZ	2008 –
Clinical Lecturer, School of Pharmacy University of Arizona, Tucson	2005 –
Director of Education, Program in Integrative Medicine University of Arizona, Tucson, AZ	2005 – 2007
Clinical Assistant Professor, Department of Medicine University of Arizona, Tucson, AZ	2004 – 2009
Director of Botanical Studies, Program in Integrative Medicine University of Arizona, Tucson, AZ	2004 – 2005
Private practice physician, Corrales, NM	2003 – 2005
Clinical Assistant Professor, Department of Family Medicine University of New Mexico, Albuquerque	1999 – 2004
President, Foundations in Herbal Medicine Albuquerque, New Mexico	1999 – 2003
Medical Director, Tree House Center for Integrative Medicine Albuquerque, New Mexico	1998 – 2003
Director of Education, New Mexico Herb Institute Albuquerque, New Mexico	1992 – 1996

Honors and Awards

NPR People's Pharmacy Communicator of the Year	2007
Burton Kallman Scientific Award	2007
Time Magazine: Innovator of the Year Series: Complementary Medicine	2001
Bioneer's Award: Outstanding Contribution To Medicine	2001
International Martina de la Cruz Award: Work with Indigenous People & Their Remedies	1998
University of New Mexico School of Medicine: Outstanding Senior Medical Student	1996

National Service/Outreach

United States Pharmacopoeia Council of Experts Executive Council Member	2008 –
National Institutes of Health National Center for Complementary and Alternative Medicine Board of Scientific Councilors	2008 –
Association of Reproductive Health Professionals, Clinical Advisory Committee	2008 –
Association for Reproductive Health Professionals: Visiting Faculty and Advisory Board: Understanding and Treating Menstrual Migraine	2008 –
United States Pharmacopoeia Council of Experts Chair: United States Pharmacopoeia Dietary Supplements/Botanicals Experts Information Panel	2000 –
Professional Member, American Herbalists Guild	1990 – present
Member, Scientific Review Group, Special Emphasis Panel: National Center on Complementary and Alternative Medicine, NIH.	2008
Member, Scientific Reviewer: NIH Office of Dietary Supplements Conference: Safety Assessment Of Black Cohosh	2007

Member, Training and Education Special Emphasis Panel: National Center on Complementary and Alternative Medicine, NIH.	2007
National Institutes of Health National Center for Complementary and Alternative Medicine Cancer Working Group	2004
National Institutes of Health National Center for Complementary and Alternative Medicine Executive Advisory Panel.	2003 – 2007
Scientific Advisory Board member NIH-Funded Center For CAM Research in Aging and Women’s Health. Rosenthal Center for Complementary and Alternative Medicine, Columbia University College of Physicians and Surgeons, New York City.	2001 – 2004
Scientific Advisory Board member for the University of Illinois At Chicago and National Institutes of Health Center for Botanical Dietary Supplements Research	2002 –2004
Bright Futures for Women Steering Committee Member HRSA Maternal and Child Health Bureau to improve the health status and reduce health disparities for women across the lifespan.	2001 – 2003
White House Commission of Complementary and Alternative Medicine Policy Appointed by President Bill Clinton	2000 – 2002

International Service/Outreach

Scientific Member, Natural Products Council, Center for Healthcare Planning and Quality, Dubai, United Arab Emirates	2008 –
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Editorial Activities

Reviewer, Menopause Management	2008 –
Reviewer, Journal of Women’s Health	2008 –
Reviewer, Journal of the Society for Integrative Oncology	2008 –
Reviewer, American Journal of Medicine	2007 –
Reviewer, American Family Physician	2007 –

Reviewer, Alternative Therapies in Medicine	2007 –
Editorial Board: Prevention Magazine	2006 –
Editorial Board, Permanente Journal	2006 –
Editorial Board: Explore Journal	2005 –
Advisory Board, American Botanical Council	2004 –
Editorial Board, Menopause: The Journal of the North American Menopause Society	2003 –
Reviewer for the National Institutes of Health Bibliography Series	2001 – 2004
Editorial Board: Alternative Therapies in Women's Health	2000 – 2003
Assistant Editor Micromedex	2000 – 2003
Editorial Board, Alternative Therapies in Medicine	1999 – 2007

Publications/Creative Activity (Published or Accepted)

Editorials

1. **Low Dog, T.** The Herbal Pharmacy Marketplace. *The Permanente Journal*, 2008: 12(3): 54-55
2. **Low Dog, T.** The role of complementary and alternative medicine during the menopausal transition. *Menopause*. 2007 May-Jun; 14(3 Pt 1):347-9

Journal Articles (peer reviewed)

1. **Low Dog, T.** Smart Talk on Supplements and Botanicals. *Alternative and Complementary Therapies*. 2008;14 (4): 161-3.
2. Gardiner P, Sarma D, **Low Dog, T.**, et al. The state of dietary supplement adverse event reporting in the United States. *Pharmacoepidemiol Drug Safety*. 2008 Jul 9 (E Pub Ahead of Print)
3. Mahady GB, **Low Dog T.**, Sarma D. Barrett ML, Chavez ML, Gardiner P, Ko R, Marles RJ, Pellicore LS. Giancaspro GI. Review of Case Reports Concerning Hepatotoxicity and Black Cohosh (*Cimicifuga racemosa*). *Menopause*. 2008 Jul-Aug;15(4 Pt 1):628-38.

4. **Low Dog, T.** Toward optimal health: menopause as a rite of passage. *J Womens Health* (Larchmt). 2008 May;17(4):509-14.
5. Sarma DN, Barrett ML, Chavez ML, Gardiner P, Ko R, Mahady GB, Marles RJ, Pellicore LS, Giancaspro GI, **Low Dog T.** Safety Review of Green Tea (*Camellia sinensis*) Extracts. *Drug Safety*. 2008; 31(6):469-84.
6. **Low Dog, T.** A Woman's Heart. *Woman Dentist Journal*. 2007; 5(6): 132-4.
7. **Low Dog, T.** A reason to season: the therapeutic benefits of culinary herbs and spices. *Explore*. 2006; 2(5)446-9.
8. **Low Dog, T.** Menopause: a review of botanical dietary supplements. *American Journal of Medicine*. 2005 118(12B): 98S-108S.
9. **Low Dog, T,** Powell KL, Weisman SM. Critical Evaluation of the Safety of *Cimicifuga racemosa* in Menopausal Symptom Relief *Menopause*. 2003; 10(4): 299-313.
10. Zeilmann CA, Dole EJ, Skipper BJ, McCabe M, **Low Dog T,** Rhyne RL. Use of herbal medicine by elderly Hispanic and non-Hispanic white patients. *Pharmacotherapy*. 2003 Apr;23(4):526-32.
11. **Low Dog T,** Riley D. Management of hyperlipidemia. *Alternative Therapies in Health and Medicine*. 2003 May-Jun;9(3):28-40.
12. Fugh Berman A, **Low Dog T.** Dietary Supplements for Weight Loss. *Alternative Therapies in Women's Health*. 2002 Nov; 4(11): 81-88.
13. **Low Dog, T.** Integrative Treatments for Premenstrual Syndrome. *Alternative Therapies in Health and Medicine*. 2001; 7(5): 32-40.
14. **Low Dog, T.** An Integrative Approach to Menopause. *Alternative Therapies in Health and Medicine*. 2001; 7(4): 45-57.
15. **Low Dog, T,** Riley D, Carter T. Traditional and Alternative Therapies for Breast Cancer. *Alternative Therapies in Health and Medicine*. May/June 2001; 7(3): 36-47.
16. Dole EJ, Rhyne RL, Zeilmann CA, Skipper BJ, McCabe ML, **Low Dog T.** The influence of ethnicity on use of herbal remedies in elderly Hispanic and non-Hispanic whites. *Journal of the American Pharmacist Association*. 2000; 40(3): 339-51.
19. **Low Dog T.** Conventional and alternative treatments for endometriosis. *Alternative Therapies in Health and Medicine*. 2001 Nov-Dec;7(6):50-6.

20. **Low Dog, T.** Quality of Herbal Products. *Alternative Therapies Women's Health* 2000; 2:12-13.
21. **Low Dog, T.** Herbs and Anticoagulant Medication. *Alternative Therapies Women's Health* 1999; 1: 46-47.

Scholarly Book

1. *Women's Health in Complementary and Integrative Medicine.* Author: **Tieraona Low Dog.** Editor: Marc Macozzi. Elsevier Publishing (ISBN: 0-443-06639-6) July, 2004.

Chapters in scholarly books:

1. Gardiner P, **Low Dog T.** Prescribing Botanicals in Children and Adolescents. In: *Integrative Pediatrics.* Timothy Culbert and Karen Olness (Editors). Oxford University Press, New York. 2008.
2. **Low Dog, T.** Botanical Management of Pain. In: *Contemporary Pain Medicine: Integrative Pain Medicine.* J.F. Audette and A. Bailey (Editors) Humana Press Inc, Totwa, NJ. 2008.
3. **Low Dog, T.** Dietary Supplements in Hematology. In: *Consultative Hemostasis and Thrombosis 2nd Edition.* Craig Kitchens, Barbara Alving and Craig Kessler (Editors). Elsevier Sciences Health Science Div, 2007.
4. **Low Dog, T.** Integrative Approaches to Pre-Menstrual Syndrome. In: *Integrative Medicine: Complementary Therapeutics in Medical Practice 2nd Edition.* David Rakel (Editor) Elsevier Science, 2007.
5. Gardner P, **Low Dog T.** Prescribing Botanicals: A Guide for Professionals. In: *Integrative Medicine: Complementary Therapeutics in Medical Practice 2nd Edition.* David Rakel (Editor) Elsevier Science, 2007.
6. **Low Dog, T.** Botanical Medicine and Cardiovascular Disease. In: *Complementary and Alternative Cardiovascular Medicine.* Richard A. Stein and Mehmet C. Oz (Editors) Humana Press, Totawa NJ, 2004.
7. **Low Dog, T.** Ginger. In: *Encyclopedia of Dietary Supplements.* Paul Coates (Editor). Marcel Dekker, 2004.
8. **Low Dog, T.** The Role of Herbs in Integrative Medicine. In: *Ecological Medicine: Healing the Earth, Healing Ourselves* Kenny Ausubel (Editor) San Francisco: Sierra Club Books; Berkeley: Distributed by University of California Press, 2004.

9. **Low Dog, T.** Determining Efficacy of Herbal Preparations. In: *The Handbook of Clinically Tested Herbal Remedies*. Marilyn Barrett (Editor). The Haworth Herbal Press, 2004.
10. **Low Dog, T.** Integrative Approach to Endocrinology. In: *Integrative Medicine: Principles for Practice*. Ben Kligler and Roberta Lee (Editors) McGraw-Hill, 2003.
11. **Low Dog, T.** Integrative Approaches to Pre-Menstrual Syndrome. In: *Integrative Medicine: Complementary Therapeutics in Medical Practice*. David Rakel (Editor) Elsevier Science, 2002.
12. **Low Dog, T.** Phytomedicine. In: *Essentials of Complementary and Alternative Medicine* Wayne B. Jonas, Jeffrey S. Levin (Editors) June 1999.

Work in Progress

1. *Integrative Medicine in Women's Health*. Victoria Maizes, **Tieraona Low Dog** (Editors). Oxford University Press, New York. Expected publication date 2009.
2. **Low Dog, T.** Botanicals in the Management of Rheumatologic Disorders. In: *Integrative Rheumatology*. Randy Horwitz, Daniel Muller (Editors). Oxford University Press, New York. Expected publication date 2009.
3. **Low Dog, T.** Botanicals in Women's Health. In: *Botanical Medicine: Science Based Approaches from Bench to Bedside*. Ray Cooper and Fredi Kronenberg, Editors. Mary Ann Liebert Publishers, New York (Submitted and accepted).
4. **Low Dog, T.** Supplements in Special Populations: Pregnancy and Lactation. In: *Herbal Guide for Clinicians*. Robert Bonakdar Editor. Lippincott Publishers, New York.
5. **Low Dog, T.** The Role of Botanical Medicine in Gastroenterology. In: *Integrative Approaches to the Gastrointestinal System*. Gerald Mullens, Editor. Oxford University Press, New York.
6. **Low Dog, T.** A Critical Evaluation of the Safety of Fenugreek During Pregnancy and Lactation . Submitted to the *Journal of Midwifery*.
7. Sarma DN¹²³, Marles RJ^{2*}, Barrett ML^{*}, Chavez ML^{*}, Gardiner P^{*}, Ko R^{*}, Mahady GB^{*}, Pellicore LS^{*}, Giancaspro G¹, **Low Dog T.** USP Safety Evaluation of Spirulina. Submitted to *Drug Safety*.

Other Articles Published in Peer-Reviewed Literature

1. **Low Dog, T.** The wonder of plants. Interview by Bonnie J Horrigan. *Explore* (NY). 2005 Jul;1(4):292-8.

2. **Low Dog, T.** Tieraona Low Dog, MD educator, scientist, and herbal medicine expert. Interview by Karolyn A Gazella. *Alternative Therapies in Health and Medicine*. 2005 Jan-Feb;11(1):84-91.

Electronic publications

University of Arizona, Arizona Center for Integrative Medicine, Fellowship program (not entirely peer reviewed).

www.integrativemedicine.arizona.edu/af/tour/index.html

A two-year 1000-hour course in Integrative Medicine for physicians, nurse practitioners, and physician assistants. I have written content for the modules on cardiovascular disease, women's health, botanical medicine, dietary supplements, diabetes, asthma and allergies, gastroenterology, introduction to integrative medicine, and rheumatology.

Media

KVOA, NBC Affiliate, Tucson, AZ, Integrative Medical Specialist,

- Topic: Stress in the Job Place, May 2009
- Topic: Hypnosis & Hot Flashes, April 2009
- Topic: Do Men Get Osteoporosis?, March 2009
- Topic: The Role of DHA in Pregnancy, February 2009
- Topic: The Gift of Health, December 2008
- Topic: Cranberry, November 2008
- Topic: Celiac, October 2008
- Topic: Breast Cancer, October 2008
- Topic: Acai Berry, September 2008
- Topic: Vitamin A and Osteoporosis, August 2008
- Topic: Chinese Food and Cholesterol, July 2008
- Topic: Carbs and the Belly, July 2008
- Topic: Healthy Eyes, June 2008
- Topic: Bananas, June 2008
- Topic: Wrinkle Fighting Foods, May 2008
- Topic: Glucosamine, May 2008
- Topic: Natural Allergy Remedies, April 2008
- Topic: IBS, April 2008
- Topic: Tai Chi- Bone Protection, March 2008
- Topic: Sunshine Vitamin (D), February 2008
- Topic: To Supplement or Not, February 2008
- Topic: Cold and Flues- Natural Fighters, January 2008
- Topic: Soy: Friend, or Foe, December 2008
- Topic: Sleep, December 2008
- Topic: Chocolate, November 2007
- Topic: Spice Cabinet, October 2007
- Topic: Green Tea, October 2007
- Topic: Benefits of Fish Oil, September 2007

The Women's Show: How To Find High Quality Dietary Supplements,
November 2007

CNN: Fact and Fiction about Herbal Medicines, August 2005

Monthly Columnist: "Ask the Doctor", Organic Style Magazine, Feb 2004 – 2006

CNN: The Truth About Hollywood Cleansing Programs, May 2004

CNN: Safety and Efficacy of Herbal Medicine, March 2004

ABC 20/20: Herbal Weight Loss Products, January 2004

ABC 20/20: Over the Counter Herbal Breast Enhancement Supplements, June
2003

E! TV: What You Need to Know About St. John's Wort, June 2001

Time Magazine: Innovator in Complementary and Alternative Medicine 2001,
April 2001

The People's Pharmacy, National Public Radio (multiple interviews), 2001 –

Native American Calling Radio Show (multiple interviews), 2001 –

Scholarly Presentations - Invited

The Role of Dietary Supplements in the Management of Pain, American
Academy of Pain Management, Sheraton Phoenix Downtown Hotel, Phoenix,
AZ, October 8, 2009.

Women and Pain: Fibromyalgia and Migraine, ARHP Reproductive Health 2009,
Renaissance Hollywood Hotel and Spa, Hollywood, CA, October 3, 2009.

The Latest in Health Promotion Across the Lifespan and Journey of Pregnancy:
New Information for PCP, NPACE, National Primary Care Conference:
Addressing Challenges of Providing Primary Care Across the Lifespan, St.
Louis, MO, October 1, 2009.

Life in the Balance: Strategies for Optimal Well-Being, Westburg Symposium
(Parish Nurses), Hyatt Regency St. Louis Riverfront, St. Louis, MO,
September 26, 2009.

Life in the Balance, Young Living Essential Oils, Minneapolis Convention
Center, Minneapolis, MN, September 19, 2009.

Life in the Balance: Strategies for Optimal Living, Smith College Leadership
Consortium, Smith College, Northampton, MA, July 24, 2009.

Tieraona Low Dog, M.D. 10/2009

Getting to the Heart of Women's Health, Primary Care for Women, Red Lion Hotel Portland, OR, July 18, 2009.

Greening of Medicine, Depression: An Integrated Approach, and Women's Health: an Exploration, 9th International Herb Symposium, Wheaton College, Norton, MA, June 19 - 21, 2009.

The 'Other' Dietary Supplements: Fad or for Real, The Role of Spices in Health, and Ask the Experts panel, University of Arizona, Arizona Center for Integrative Medicine, 6th Annual Nutrition and Health: State of the Science & Clinical Applications Conference, Chicago Downtown Marriott, Chicago, IL, May 10 -13, 2009.

Life in the Balance: Strategies for Optimal Living, University of California, Irvine, Samueli Center for Integrative Medicine, Women's Wellness Day, The Island Hotel, Newport Beach, CA, May 9, 2009.

A Reason to Season: The Role of Spices in Health, American Spice Trade Association, 2009 ASTA Annual Meeting and Trade Show, Loews Ventana Canyon Resort, Tucson, AZ, April 27, 2009.

Life in the Balance: Your Path to Well-Being and Health, WOMEN Unlimited, Inc., Unlimited Vision 2009 Conference, Sheraton Wild Horse Pass Resort and Spa, Chandler, AZ, April 24, 2009

Top Selling Supplements: Separating the Wheat from the Chaff and Life in the Balance: Strategies for Optimal Health, Ontario Dental Association, 2009 Annual Spring Meeting, Metro Toronto Convention Center, Toronto, ON, April 30, 2009.

Integrative Approaches to Depression and Anxiety and Integrative Approaches to GI Disorders: IBS, Nurse Practitioner Associates for Continuing Education, Primary Care Conference with Mental Health Specialty Track, New Orleans Marriott at the Convention Center, New Orleans, LA, April 22, 2009.

Conversations about Traditional Indian Medicine vs. Western Medicine vs. Integrative Medicine (panel), University of Arizona, College of Medicine, Family and Community Medicine, DuVal Auditorium, University Medical Center, Tucson, AZ, April 18, 2009.

Botanicals and Dietary Supplements Every Woman Should Know, 8th Annual Women's Mental Health Symposium, University of Arizona, College of Medicine, Department of Psychiatry, Grand Ballroom, Student Union, Tucson, AZ, April 18, 2009.

Living in the Balance, ProHealth 2009 Women's Wellness Retreat ProHealth Care, The Golden Mast Inn, Okauchee WI, April 17, 2009.

Tieraona Low Dog, M.D. 10/2009

Integrative Medicine: A Bridge to the Future and Dietary Supplements/
Botanicals in Pregnancy and Lactation: What you should Know, 21st Regional
Conference: Toward Excellence in Advanced Practice Nursing, Kentucky
Advanced Practice Nurses, Lexington Convention Center, Lexington, KY,
April 16, 2009.

Dietary Supplements: Strategies for Healthy Aging, Miraval,
Tucson, AZ, March 31, 2009.

Healthy for Life: A Woman's Guide to Wellness and Top Selling Dietary
Supplements: What You Should Know, Midwest Dental Conference, UMKC
School of Dentistry Alumni Associations Hyatt Regency Crown Center, Kansas
City, MO, March 27, 2009.

Understanding and Treating Menstrual Migraine and Getting to the Heart of
Health, University of Missouri – Kansas City School of Nursing and
Development Systems, Inc, Sheraton Overland Park Hotel and Convention
Center, Kansas City, MO, March 26, 2009.

Dietary Supplements: An Evidence Based Approach and Women's Health: Part
One: The Younger Years and Women's Health: Part Two: Menopause and
Beyond, The Hinman Dental Society, Omni Hotel at CNN Center, Atlanta,
GA, March 19 – 21, 2009.

Integrative Medicine: It's Not Alternative Anymore, The Path to Emotional Well
Being, Boning Up on Osteoporosis, and The Path to Emotional Well Being,
Western Regional Dental Convention, Arizona Dental Association, Phoenix
Convention Center, Phoenix, AZ, March 13 -14, 2009.

Women and Migraine. Women's Health Care Symposium, Southern College
Health Association, Nashville Marriott at Vanderbilt University, Nashville,
TN, March 7, 2009.

Healthy for Life: A Women's Guide to Wellness, Valley Forge Dental
Conference, Valley Forge Convention Center King of Prussia, PA, March 5,
2009.

Maintaining Health for a Lifetime: Strategies for Women and Optimal Aging:
Lifetime Strategies for Health, Chicago Dental Society, 2009 Chicago
Midwinter Meeting, Hyatt Regency McCormick Place Chicago, IL,
February 26 – 27, 2009.

Life in the Balance: Strategies for Optimal Health, The Nutrition Prescription,
Getting to the "Heart" of Health, and Top Selling Dietary Supplements: Hope
or Hype?, Yankee Dental Conference Boston Convention & Exhibition
Center, Boston, MA, January 28- 30, 2009.

Botanicals and Women's Health: Evidence and Practical Clinical Applications

Tieraona Low Dog, M.D. 10/2009
and a Panel Discussion and Q& A, Scripps – Natural Supplements: An Evidence
Based Update, Paradise Point Resort, San Diego, CA, January 25, 2009.

The Role of Nutrition in Cancer - Giving Yourself the Edge, Integrated Medicine:
A Bridge to the Future?, Top Selling Dietary Supplements: What You Should
Know, Southwest Dental Conference, Dallas County Dental Society, Dallas
Convention Center, Dallas, TX, January 22- 23, 2009.

Top Selling Supplements: Separating Hype from Hope and Life in the Balance:
Strategies for Optimal Health, Rocky Mountain Dental Convention, Colorado
Convention Center, Denver, CO, January 15, 2009.

Integrative Pain Medicine, 69th AAPM&R Annual Assembly, American
Academy of Physical Medicine and Rehabilitation, San Diego Convention
Center, San Diego, CA, November 22, 2008.

Training Future Practitioners: Professional Education in Integrative Medicine,
Botanicals: New Perspectives on Herbals for Kids, and The Greening of
Medicine, Pangea 2008 Conference, Marriott New York Downtown Hotel,
New York, NY, November 14-15, 2009.

Living in Balance: Strategies for Optimal Living, 21st Annual Conference for
ANAC Association of Nurses in AIDS Care, Westin La Paloma, Tucson, AZ
November 8, 2008.

Botanicals: Nature's Pharmacy, Integrative Medicine: A Bridge to the Future?,
and Top Selling Dietary Supplements: Separating Fact from Fiction,
ProHealth Care, The Delafield Hotel, Delafield, WI, November 6-7, 2009.

Complementary and Alternative Medicine: An Update of the Evidence, Strength
of Quality Conference, Healthnet, Hilton la Jolla Torrey Pines, La Jolla, CA
October 25, 2008.

Herban Legends: The Myths Surrounding Botanical Medicine and Herbal
Pharmacy, Symposium of Integrative Medicine Professionals in the Land of
Enchantment, University of New Mexico, School of Medicine, Santa Fe
Convention Center, Santa Fe, NM, October 15, 2008.

Keynote presentation: Living in Balance: Strategies for Optimal Living,
Integrative Medicine: Topics in Women's Health, and Integrative Approaches
to Depression and Anxiety, APN's - Caring Cradle to Grave, Advanced
Practice Nurses of the Ozarks, Branson, MO, October 3, 2008

Dietary Supplements and Botanicals in Diabetes Management, Annual
Conference, Rhode Island Department of Health Certified Diabetes Outpatient
Educators, The Crowne Plaza Hotel, Warwick, RI, September 26, 2007.

The Truth About Aging: Separating Fact from Fiction, ProMedica Health System,
Toledo, OH, September 22, 2008.

- Complementary and Alternative Medicine and Dietary Supplements, Women's Health Forum, Pennsylvania Convention Center, Philadelphia, PA, September 20, 2008.
- Complementary and Alternative Medicine and Dietary Supplements, Women's Health Forum, Donald E. Stephens Convention Center, Chicago, IL, September 13, 2008.
- Botanicals in Pregnancy and Lactation, American Association of Birth Center, Loews Ventana Canyon Resort, Tucson, AZ, September 5, 2008.
- Women's Health: A Focus on Reproduction and An Update on Complementary Alternative Medicine Research in Women's Health, and Optimal Aging: Strategies for Women Presenter: Rhode Island Nurses Association, Radisson Hotel Providence Airport, Providence, RI, August 22, 2008.
- Supplements: Hype or Hope and The Nutrition Prescription, 11th Annual Air Force, Department of Defense, Albuquerque Convention Center, Albuquerque, NM, August 13, 2008.
- Eating Disorders and Depression/Anxiety in Women, Women's Primary Care, Red Lion Hotel, Portland, OR, July 26, 2008.
- Beyond Prevention: Health Promotion Across the Lifespan, Integrative OB/Gyn, The Nutrition Prescription, Boning Up on Osteoporosis, American Academy of Nurse Practitioners, Gaylord National on the Potomac, National Harbor, MD, June 30- July 1, 2008.
- Top Selling Supplements: The Real Story and Healthy for Life: A Women's Guide to Wellness, Virginia Dental Association, Williamsburg Lodge Williamsburg, VA, June 21, 2008.
- Topics in Integrative Medicine: Women's Health, Arizona Center for Integrative Medicine Grand Rounds, University Medical Center -University of Arizona Tucson, AZ, June 5, 2008.
- The Role of Integrative Medicine in Adolescent and Pediatric Medicine Self-Care for Women, OSHER Center Integrative Pediatric Grand Rounds - University of California at San Francisco, San Francisco, CA, June 3-4, 2008.
- Women's Health Throughout the Lifespan, Missouri Oral Health Associates, Big Cedar Lodge, Branson, MO, May 31, 2008.
- Strategies for Optimal Aging: A Focus on Nutrition & Supplements, Miraval, Tucson, AZ, May 20, 2008.
- Living in Balance - Strategies for Optimal Health, Missouri Baptist Medical Center, Pearls of Wisdom, Sheraton Westport Chalet, St. Louis, MO, May 9,

2008.

Dietary supplement use in private practice: Promises and pitfalls, Council for Responsible Nutrition, Day of Science, The Ritz Carlton Pentagon City, Pentagon City, May 8, 2008.

The Real Story of Dietary Supplements- Separating Fact from Fiction and Maintaining Health for a Lifetime: Strategies for Women, Westin Riverwalk, Texas Dental Association, San Antonio, TX, May 3, 2008.

Cross-Cultural Issues of Breastfeeding and Integrated Approaches to Common Lactation Issues, Baystate Health 13th Annual Breastfeeding Conference, The Log Cabin, Holyoke, MA, May 1-2, 2008.

Living in the Balance: Strategies for Optimal Health, University of the Pacific School of Dentistry, San Francisco, CA, April 26, 2008.

Living in the Balance: Strategies for Optimal Health and Top Selling Dietary Supplements: A Review of the Evidence, Kentucky Advanced Practice Nurses, Galt House Hotel & Suites, Louisville, KY. April 25, 2008.

Living in the Balance: Strategies for Optimal Health, American Nutraceuticals Conference, Wyndham Downtown Phoenix, Phoenix, AZ. April 19, 2008.

To Supplement or Not to Supplement: That is the Question, Health and Nutrition Conference, Program in Integrative Medicine, Arizona Grand Resort, Phoenix, AZ, April 14, 2008.

Getting to the Heart of Health, American Dietetic Association, 2008 SCAN Symposium, Boston, MA, April 11, 2008.

A Reason to Season: The Role of Spice in Health. Omni Orlando Resort at Champions Gate, American Spice Trade Association Annual Conference, Orlando, FL. April 9, 2008.

Botanicals and Botanicals Laboratory, Program in Integrative Medicine, Medical Student Rotation, Tucson, AZ, April 7, 2008.

Complementary and Alternative Medicine and Dietary Supplements, Women's Health Forum, George Brown Convention Center, Houston, TX, April 5, 2008.

Top Selling Dietary Supplements and Integrative Medicine: It's Not Alternative Anymore, American Dental Association, Phoenix Civic Plaza, Phoenix AZ. April 4, 2008.

Paul Simon Institute, Southern Illinois University Student Center, Carbondale, IL. March 31, 2008.

Top Selling Supplements: Separating Fact from Fiction, Tucson Medical Center

Tieraona Low Dog, M.D. 10/2009

Grand Rounds, Tucson, AZ, March 26, 2008.

Dietary Supplements in Mental Health, Seventh Annual Women's Mental Health Symposium, University of Arizona- Arizona Health Sciences Center, University Medical Center- DuVall , Tucson, AZ, March 15, 2008.

Cultural Issues and Breastfeeding and Integrated Approaches to Common Lactation Issues, International Board of Lactation Consultants Conference, Berkeley, CA. March 14, 2008.

Complementary and Alternative Healthcare and Dietary Supplements Women's Healthcare Forum, Anaheim Convention Center, Anaheim, CA, March 8, 2008.

Top Ten Selling Dietary Supplements, Life in the Balance: Strategies for Optimal Living, and Nutrition and Cancer: Giving Yourself the Edge, Pacific Dental Association Conference, Hyatt Regency Hotel, Vancouver, BC, Canada. March 6-7, 2008.

Maintaining Health for a Lifetime: Strategies for Women, Minnesota Dental Association, School of Dentistry, University of Minnesota, Minneapolis, MN February 28, 2008.

Top Selling Supplements: Separating Fact from Fiction, St. Mary's Hospital Grand Rounds, St. Mary's Hospital, Tucson, AZ, February 6, 2008.

Living in Balance: Strategies for Optimal Living and The Truth About Aging: Separating Fact from Fiction, Utah Dental Association, Marriott Downtown Salt Lake City, Salt Lake City, UT, February 15, 2008.

Presenter: Community Lecture Series, Program in Integrative Medicine Tucson, AZ, January 2008.

Women's Health: A Focus on Reproduction, Panel Discussion, Scripps – Natural Supplements: An Evidence Based Update, Paradise Point Resort, San Diego, CA. January 20, 2008.

Healthy for Life: A Woman's Guide to Wellness, Top Selling Dietary Supplements: What Works and What Doesn't, Living in the Balance: Strategies for Optimal Living, Southwest Dental Association, Dallas Convention Center, Dallas, TX, January 17, 2008.

Top Selling Dietary Supplements: The Good, the Bad, and the Ugly, Wolfe Symposium, McConnell Heart Health Center, Columbus, OH, November 15, 2007.

Women's Health Part 1 and Women's Health Part 2, WTS- Restorative Medicine Conference, Sedona Creative Live Center, Sedona, AZ, October 25, 2007.

Tieraona Low Dog, M.D. 10/2009

Phytomedicine in Pediatrics and Atopic Disorders Panel, PANGEA, University of California San Francisco, Parc 55 Hotel, San Francisco, CA, October 25, 2007.

Life in Balance: Strategies for Optimal Health and Top Selling Dietary, Northern California Dental Society, Red Bluff Community Center, Red Bluff, CA. October 12, 2007.

Botanical Medicine: State of Science and Women's Health Supplements: A Review of the Evidence, British Columbia Naturopathic Association, Fairmont Waterfront Hotel, Vancouver, BC, Canada, October 5, 2007.

Safety Assessment of Botanical Ingredients, Office of Food Additive Seminar on Safety of Botanicals and Functional Food Ingredients, Food and Drug Administration Headquarters, College Park, MD, September 12, 2007.

Getting to the Heart of Women's Health, Maintaining Health for a Lifetime: Strategies for Women, Living in Balance Strategies for Optimal Living, ADA, Hilton San Francisco, San Francisco, CA, September 28-29, 2007.

Challenges in Adverse Event Reporting and Women's Health: The Role of Botanicals Therapeutics, American Pharmacognosy Society Annual Meeting, Holiday Inn by the Bay, Portland, ME, Portland, ME, July 14 & 17, 2007.

Selling Health: The Role for Natural Products, Natural Products, The Venetian Resort Casino, Las Vegas, NV, July 20, 2007.

Truth about anti-aging supplements, Hollyhock, Cortes Island, BC, Canada, July 11, 2007.

Top Selling Dietary Supplements, Complementary & Alternative Medicine: An Update, Integrative Approaches to Cardiovascular Disease, Women's Health Forum, Baltimore Convention Center, Baltimore, MD, June 15, 2007.

Top Selling Dietary Supplements, Complementary & Alternative Medicine: An Update, Integrative Approaches to Cardiovascular Disease, Women's Health Forum, George Brown Convention Center, Houston, TX, May 18, 2007.

The Medicinal Spices, Nutrition and Health Conference, Program in Integrative Medicine, Manchester Grand Hyatt San Diego, CA, May 14, 2007.

A Reason to Season: The Medicinal Properties of Spices, Program in Integrative Medicine, Health and Nutrition Conference, San Diego, CA. May 14, 2007.

Maintaining Health for a Lifetime (with Barbara Steinberg, DDS) and The Real Story of Anti-Aging Supplements, Texas Dental Association, San Antonio Convention Center, San Antonio, TX, May 11-12, 2007.

Top Selling Dietary Supplements, Complementary & Alternative Medicine: An

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Update, Integrative Approaches to Cardiovascular Disease, Women's Healthcare Forum, McCormick Place, Chicago, IL, April 20, 2007.

State of the Science in Botanical Therapies, Institute of Women's Health, Doubletree Hotel, Portland, OR, April 29, 2007.

Integrative Medicine It's Not "Alternative" Anymore and Transitional Wisdom: The Journey of Menopause, Southwest Conference on Botanical Medicine Southwest Naturopathic College, Phoenix, AZ, April 14, 2007.

Integrative Medicine in Mental Health, Complementary and Alternative Medicine in Mental Health; NPACE, Phoenix, AZ. March 24, 2007.

Integrative Approaches to Cardiovascular Health and A Woman in Balance, Department of Defense, Navy's 46th Occupational Health and Preventative Medicine Conference, Hampton, VA, March 21, 2007.

Complementary and Alternative Medicine: An Update, Integrative Approaches to Cardiovascular Disease, Top Selling Dietary Supplements, Women's Health Care Forum, Anaheim Marriott and Convention Center, Anaheim, CA, March 15, 2007.

Top-selling Supplements and Integrative Medicine: It's Not Alternative Anymore, Pacific Dental Alumni Association, Fairmont Hotel, San Francisco, CA, March 2, 2007.

Healthy for Life: A Woman's Guide to Wellness and Top Selling Dietary Supplements: A Review of the Evidence Midwinter American Dental Association, Chicago, IL February 2007.

Integrative Approaches to Coronary Artery Disease. Intercontinental Hotel & Conference Center, Cleveland Clinic, Cleveland, OH. November 30, 2006.

Integrative Medicine: What Patients Expect You to Know, Perspectives in Women's Health Conference, Elsevier/Reed Education, San Francisco, CA, November 12, 2006.

Getting to the Heart of Health, CAM EXPO, Hyatt Regency Century Plaza, Los Angeles, CA, November 11, 2006.

Integrative Medicine: A Whole Approach and Getting to the Heart of Women's Health, National Primary Care Conference, Sheraton Boston Hotel, Boston, MA. November 8 -9, 2006

Northeast Regional Oncology Nursing Conference Dartmouth-Hitchcock Medical Center, Portsmouth, NH, November 5, 2006.

Healthy Aging Retreat, Miraval, AZ. October 2006

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Integrative Medicine Series, Baystate Medical Center, Holyoke, MA. October 26-27, 2006.

Botanical Medicine: An Update on the Evidence and Maintaining Health for a Lifetime: Strategies for Women, American Dental Association's Annual Session, Mandalay Bay Resort & Casino, Las Vegas, NV. October 19, 2006.

Botanicals and Botanicals Lab, Symposium of Integrative Medicine Professionals in the Land of Enchantment Conference, University of New Mexico, Albuquerque, NM, October 18, 2006.

Overview of Integrative Medicine: A Whole Approach May Be the Best Approach and Natural Approaches to Pain, National Primary Care Conference, Chicago, IL, September 2006.

Healthy for Life: A Woman's Guide to Wellness, Waukesha Memorial Hospital, Waukesha, WI, September 2006.

Dietary Supplements: An Update and Integrated Approaches to Pain. Life in the Balance: Strategies for Women, Rhode Island State Nurses Association, Providence, RI, September 2006.

Hormones to Hot Flashes and Beyond: What are the Alternatives and Living in the Balance: Strategies for Optimal Health, Californian Dental Association's Scientific Session, San Francisco, CA, September 2006.

Complementary and Alternative Medicine: An Update of the Evidence and Women's Health: Examining the Alternatives, Martha Nelson Lewis Symposium, Ohio State University, Columbus, OH, August 2006.

Complementary and Alternative Medicine: An Update of the Evidence and Women's Health: Examining the Alternatives, Martha Nelson Lewis Symposium, Ohio State University, Columbus, OH, August 2006.

Integrative Medicine: A Bridge to the Future, National Health Service Corp's Annual Scholars Conference, Reston, VA, August 2006.

Evidence for Safety and Benefit of Herbal Therapies Used by Breastfeeding Mothers and Cultural Aspects of Breastfeeding, International Lactation Consultant Association, Philadelphia, PA, July 2006.

Integrative Medicine: It's not Alternative Anymore, Top Selling Dietary Supplements, Getting to the Heart of Women's Health, Transitional Wisdom: The Journey of Menopause, American Academy of Nurse Practitioners, Dallas, TX, June 2006.

Getting to the Heart of Women's Health: Prevention and Treatment for Women's Heart Disease and Can One Cancer-Proof their Diet? A Look at the Evidence,

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National Women's Health Care Conference, Paradise Island, Bahamas, June 2006.

Living in the Balance: Nourishing the Woman Within. Women's Health: Beyond Hormones, Nebraska Women's Health Symposium, Lincoln, NE, May 2006.

Medicinal Uses of Spices, Columbia Nutrition Conference, New York City, NY, May 2006.

Integrative Medicine: A Vision for the Future and Top Selling Dietary Supplements: Separating Fact from Fiction, Minnesota Dental Association, Saint Paul, MN, April 2006.

State of Science in Botanical Therapies for Menopause Symptoms and Traditional Therapies in Menopause Management, National College of Naturopathic Medicine, Portland, OR, April 2006.

Integrative Pain Medicine, Columbia Pain Conference, Columbia University, New York City, NY, April 2006.

Menopause: An Integrative Approach, Foundation for Care Management, Phoenix, AZ, April 2006.

Botanicals and Women's Health, American Medical Women's Association, Tucson, AZ, February 2006.

Dietary Supplements Used for Energy Enhancement: What is the Evidence? William Beaumont Medical Center, El Paso, TX, November 2005.

Botanicals 101: What Health Care Providers Should Know, Grand Rounds, University Medical Center, Tucson, AZ, November 2005.

Women's Health: An Integrated Approach, New York Open Center, New York City, NY, October 2005.

Dietary Supplements: Separating Fact from Fiction, Ohio Medical Society, Toledo, OH, October 2005.

Botanicals 101: What Health Care Providers Should Know, American Academy of Nurse Practitioners, Palm Springs, CA, October 2005.

Strategies for Optimal Health and Dietary Supplements: Separating Fact from Fiction, American Dental Association, Philadelphia, PA, October 2005.

Integrative Medicine: A Vision for the Future, National Health Services Corp, Washington DC, September 2005.

Women's Health: An Integrated Approach, Rhode Island State Nurses Association, Providence, RI, September 2005.

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Botanicals and the Breastfeeding Woman: What Providers Need to Know, New Jersey Breastfeeding Task Force, Monmouth, NJ, August 2005.

Integrative Medicine: A Vision for the Future, NHSC, Washington DC, July 2005.

Botanical Medicine, Columbia University, New York, NY, June 2005.

Integrative Medicine: A Vision for the Future, Clifton Springs Hospital, New York, NY, June 2005.

Women's Health: What You Need to Know, California Dental Association, Anaheim, CA, May 2005.

Integrative Approaches to Cardiovascular Disease, Michigan Department of Community Health, Traverse City, MI, May 2005.

Botanicals in Women's Health: A Review of the Evidence. North American Women's HealthCare Forum. Anaheim, CA, May 2005.

Innovation and Wisdom: The Future of Integrative Medicine, MRAC, University of Maryland, April 2005.

The Role of Herbal Medicine in Pain Management, Columbia Pain Conference, Columbia University, New York City, NY, April 2005.

Botanicals and Menopause: A Review of the Evidence, National Institute of Health State of the Science Conference on Menopause, Bethesda, MD, March 2005.

The Power of Plants, Westchester University, Westchester, PA, March 2005.
Alternatives to Menopause: What is the Evidence?, OB/GYN Conference, Baton Rouge, LA, March 2005.

Botanicals and the Breastfeeding Woman, California Breastfeeding Task Force, Berkeley, CA, March 2005.

Integrative Medicine: A Vision for the Future, Southern Medical Association, New Orleans, LA, November 2004.

The Power of Plants, Billings Deaconess Hospital, Billings, MT, October 2004.

Life in the Balance: Strategies for Optimal Living, American Dental Association, Orlando, FL, October 2004.

Botanicals and the Pediatric Patient: What Providers Need to Know, Grand Rounds, San Diego Children's Hospital, San Diego, CA, August 2004.

Integrative Medicine: A Vision for the Future, NHSC, Washington DC, June

2004.

Botanicals Across the Lifespan, Colorado Nursing Association, Keystone, CO, June 2004.

Botanicals and the Breastfeeding Woman: What Providers Need to Know, Idaho Breastfeeding Conference, Boise, ID, June 2004.

Innovision and Wisdom: The Future of Integrative Medicine, AANP, New Orleans, LA, June 2004.

Botanical Medicines, Columbia University, New York City, New York, June 2004.

Botanicals and the Pediatric Patient: What Providers Need to Know, Grand Rounds, Seattle Children's Hospital, Seattle, WA, May 2004.

Botanicals and the Breastfeeding Mother, WIC Program, Des Moines, IA, May 2004.

The Pharmacology of Botanical Medicines, NPACE, Nassau, Bahamas, May 2004.

Botanicals and the Breastfeeding Mother, New Jersey Breastfeeding Task Force, Newark, NJ, May 2004.

Botanical Medicine in Pediatrics: What Providers Need to Know, University of California at Irvine, Irvine, CA, May 2004.

Menopause: A Review of the Alternatives, Alexian Brothers Hospital, Chicago, IL, May 2004.

Women's Health: Review of the Evidence for Dietary Supplements and Botanicals, RISNA, Providence, RI, April 2004.

Topics in Botanical Medicine, Osher Institute, Harvard University, MS, April 2004.

Topics in Botanical Medicine, Baystate Medical Group, Holyoke, MS, April 2004.

Integrative Medicine: A Vision for the Future, Southern Medical Association, Santa Fe, NM, April 2004.

Integrative Medicine in Modern Healthcare, Kaiser Permanente, Honolulu, HI, April 2004.

Women's Health: A Review of the Evidence for Botanical Medicine, American Academy of Nurse Practitioners, Kaiser Hospitals, Monterey, CA, March 2004.

Pediatrics: The Evidence of Safety and Benefit for Commonly Used Botanicals, Cedars Sinai Hospital, CA, March 2004.

Integrative Medicine: A Vision for the Future?, Annual Women's Health Care Forum, Anaheim, CA, March 2004.

Women's Health: An Update, Rush Memorial Hospital, Chicago, IL, February, 2004.

Botanical Medicine: An Overview, Glenwood Springs Hospital, Colorado, February 2004.

Alternatives to HRT: What is the Evidence?, Texas OB/GYNs, Forth Worth, TX, January 2004.

The Role of Botanicals in Women's Health, Kaiser Permanente, Atlanta, GA, November 2003.

Integrative Approaches to Women's Health, Heart of Healing Conference, Capital University, Columbus, OH, November 2003.

For Women: Strategies for Well-Being, Health Conference for HIV Positive Women, Gay Men's Health, New York, NY, November 2003.

Diversity, the Individual and Proof of Efficacy: The Role of CAM in Self-care, Nutrition and Public Health, American Dietetics Association Annual Meeting, San Antonio, TX, November 2003.

Innovation and Wisdom: The Future of Integrative Medicine, Planetree Hospitals, Seattle, WA, October 2003.

Herbalism: What We Have Learned, American Herbalist Guild Annual Conference, Albuquerque, NM, October 2003.

Cultural Influences in Medicine, Kaiser Mid-Atlantic Permanente Group, Washington, DC, October 2003.

The Role of Botanicals in Menopause, North American Menopause Society 14th Annual Meeting, Miami, FL, September 2003.

Alternatives to Menopause: What is the Evidence?, St Vincent's Hospital, Santa Fe, NM, August 2003.

Botanicals and Women's Health: An Update of the Evidence, University of California, San Francisco, CA, August 2003.

Complementary Medicine for Older Adults: An Integrated Approach to Aging, Ohio Health Care Association, Columbus, OH, August 2003.

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The Role of CAM in Mental Health and Alternatives to HRT: A Critical Review of Soy and Other Botanicals, NPACE, Cape Cod, MA, July 2003.

Innovation and Wisdom: The Future of Integrative Medicine, Florida Dietetics Association, Naples, FL, July 2003.

Complementary and Alternative Medicine: A Consumer Driven Movement, American Academy of Nurse Practitioners, Anaheim, CA, June 2003.

Integrative Approaches to Menopause, The American College of Nurse Midwives, Desert Springs, CA, June 2003.

Mood Disorders: Is There A Role for Dietary Supplements?, Tulane University, New Orleans, LA, June 2003.

Integrative Approaches to Menopause, Banner Pharmacaps, Greensboro, NC, May 2003.

Introduction to Botanicals: What Health Care Providers Need to Know, Southern Medical Association, San Antonio, TX, April 2003.

Plants, Potions and Pills, Kaiser Permanente Conference, Kona, HI, April 2003.

Innovation and Wisdom: The Future of Integrative Medicine, Oregon Health Sciences Center, Portland, OR, April 2003.

The Role of Culture in Modern Medicine, NAPNAP, Orlando, FL, April 2003.

The Role of Botanicals in Cardiovascular and Mental Health, Baystate Medical Center, Holyoke, MA, March 2003.

Introduction to Botanical Medicine and Botanicals in Women's Health, Dartmouth, Lebanon, NH, March 2003.

Integrative Approaches to Menopause, University of Texas at Galveston, TX, March 2003.

Alternative Strategies for Menopause & Integrative Approaches to Depression, Harvard Medical School, Boston, MA, March 2003.

Stress: It's Impact on Women, Gettysburg Hospital, Gettysburg, PA, March 2003.

Dietary Supplements: What Dental Providers Should Know, Chicago Dental Society Winter Meeting, Chicago, IL, March 2003.

Botanicals in Women's Health, University Illinois at Chicago, Chicago, IL, February 2003.

Botanical Medicine and Cancer: What Health Care Providers Should Know,

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Notre Dame University, South Bend, IN, February 2003.

Botanicals in Pediatrics: What Health Care Providers Should Know, NAPNAP,
Conference, Atlanta, GA, February 2003.

Use of Botanicals for Cancer: What is the Evidence for Safety and Benefit?, DFW
Case Management Conference, Dallas, TX, February 2003.