

CURRICULUM VITAE

October 22, 2009

PERSONAL DATA

Name:	RICHARD P. BROWN, M.D.	Home:	86 Sherry Lane
Birthdate:	01/22/1953		Kingston, NY 12401
Birthplace:	Goshen, NY	Offices:	30 East End Avenue
Citizenship:	USA		New York, NY 10028

ACADEMIC TRAINING

1969-1973 B.A. University of Virginia, Charlottesville, VA. 18 hours Chemistry, 21 hours Biology, 42 hours Psychology (including 6 hours Biology Research and 20 hours Psychology Research). GPA: 3.9 out of 4.0 -- Summa Cum Laude.

TRAINEESHIP

MEDICAL SCHOOL

1973-1977 M.D. Columbia University College of Physicians & Surgeons, New York, NY. Basic Sciences: Honors in Biochemistry, Psychiatry, Neuroanatomy, Parasitology. Clinical: Honors in Medicine, Obs. and Gyn. Clerkships. Honors in Advanced Clerkships: Medicine, Psychiatry, Acute Psychiatric Disorders, Ambulatory Surgery, Orthopedics, Nephrology, Neurology.

INTERNSHIP

07/77-06/79 Psychiatry New York Hospital

RESIDENCY

07/79-06/82 Psychiatry New York Hospital

FELLOWSHIP

07/82-06/84 Psychobiology/Psychopharmacology New York Hospital

BOARD QUALIFICATIONS

11/83 Psychiatry and Neurology No. 25080
10/98 Certificate in Psychopharmacology
(American Society of Clinical Psychopharmacology)

LICENSURE

New York State License:	133815	1978
California License:	G51199	1983
Narcotic License:	AB1639977	

PROFESSIONAL APPOINTMENTS AND SOCIETIES

1977	American Medical Association
1978	New York County Medical Society
1981	American Psychiatric Association
1985	American Psychopathological Association
1988	Society of Biological Psychiatry

1993 American Society of Clinical Psychopharmacology
2000 American College for Advancement in Medicine

ACADEMIC APPOINTMENTS

Columbia College of Physicians and Surgeons

7/1/96-Present Associate Clinical Professor of Psychiatry, Columbia College of Physicians and Surgeons
7/87-6/30/96 Assistant Professor of Clinical Psychiatry, Columbia College of Physicians and Surgeons
7/87-6/90 Research Psychiatrist II, New York State Psychiatric Institute
7/87-6/88 Dana Foundation Fellow in Brain Imaging

Cornell University Medical College

6/86-6/87 Associate Unit Chief, Psychobiology Research Unit
Clinical Director, Laboratory of Neuropsychopharmacology
7/86-6/87 Assistant Professor of Psychiatry
7/84-6/85 Assistant Director of Training, Payne Whitney Clinic
7/82-7/84 Instructor in Psychiatry

HOSPITAL APPOINTMENTS

Presbyterian Hospital

7/96-6/06 Associate Attending Psychiatrist
7/87-6/96 Assistant Attending Psychiatrist

Ulster County Mental Health Services

7/90-Present Attending Psychiatrist

New York Hospital

7/84-6/87 Assistant Attending Psychiatrist
7/82-7/84 Clinical Affiliate

HONORS AND AWARDS

1972, 1973 Semifinalist for Rhodes Scholarship from Virginia
1981 New York County APA District Branch Resident's Research Award - Second Prize
1982 New York County APA District Branch Resident's Research Award - First Prize
1982 Co-recipient of William Lhamon Research Award for best research paper by a graduating resident of the class of 1982.
1983 Lane Bryan-Malsin Fellow
1983 Meade-Johnson American College of Neuropsychopharmacology Travel Fellowship
1986 Teacher of the Year selected by Residency Class of 1986 and
Teacher of the Year selected by Resident's Council
1986 Selected as the Fifth Mallinckrodt Scholar by the Edward Mallinckrodt, Jr., F
Foundation
1987 Teacher of the Year and Teacher of the Residency, Payne Whitney Clinic
1987 Dana Fellow in the Neuroscience
1999 New York Metro Area Top Doctors
2007 Best Psychiatrists in America

FELLOWSHIP AND GRANT SUPPORT

1. Approval of Biomedical Research Support Grant S07 PR05396 from NIH for study of melatonin in psychiatric disorders: \$5,000, 1982.

2. Co-investigator, PHS grant MH 37907 - "Beta Receptor Function in Depressive Disorders." Awarded March 1984 for 3 years: \$213,590. 5% time, salary.
3. Co-investigator, PHS Grant MH 40048 - "Biochemical Aspects of Suicidal Behavior." Awarded 1985 for 3 years at \$35,000; 01 year, 15% time, salary.
4. Project Psychiatrist (7/85-6/86), NIMH Grant- "Treatment Strategies in Schizophrenia." April 1985-September 1989. Amount: \$174,887. 50% effort.
5. Co-investigator, PHS Grant- "Neurobiological Studies of Electroconvulsive Therapy in Depression." Awarded for 3 years: \$346,704; 01 year, 35% salary, 35%.
6. Mallinckrodt Foundation. 10/86-01 year- \$45,000 salary; 02 year- \$50,000; 03 year- \$55,000.
7. Dana Foundation. 7/87-6/88- \$18,000.

DEPARTMENTAL AND UNIVERSITY COMMITTEES,

7/84-6/87 Numerous Payne Whitney Clinic departmental committee activities, including: Research, Residency Education, Medical Student Departmental Formulary, Electroconvulsive Therapy

TEACHING EXPERIENCE AND RESPONSIBILITIES

Columbia College of Physicians and Surgeons

7/87-6/91 Instructor in Advanced Psychopharmacology to PGY4 residents from Creedmoor Psychiatric Center

7/87-Present Psychopharmacology Professor's Rounds
Columbia Medical Student and Resident lectures and supervision

7/95-1998 Outpatient Psychopharmacology I for PGY3 residents

7/94-Present Journal Club in Psychopharmacology for PGY3 residents

Ulster County Mental Health Services

7/93-2002 Weekly Psychopharmacology Rounds

2002-present Bimonthly Psychopharmacology Rounds

Cornell University Medical College

7/84-4/87 Instructor of Advanced Psychobiology course for PGY3 and 4 residents; Research Seminar for PGY2 residents

7/82-6/87 Psychopharmacology Professor's Rounds and Psychopharmacology Consult Service
Instructor of several Psychiatry Research Seminars and First Year Psychiatry course for medical students
Lecturer in PGY2 Psychobiology course

OTHER PROFESSIONAL ACTIVITIES

4/87 Contributor to PKSAP-VI for National Board of Medical Examiners, on New Developments in Psychopharmacology
Also have contributed questions to the PRITE and National Board Exams

7/85-6/87 GY2 Track Coordinator, Payne Whitney Clinic; primarily responsible for residency selection and recruitment
Assistant to the Director in resident and medical student curriculum, evaluation, etc.

7/82-6/87 Coordinator of Inpatient Research Protocols on Psychobiology Research Unit, Payne Whitney Clinic

7/82-7/84 Coordinator of Outpatient Research Protocols in Affective Disorder Clinic, Payne Whitney Clinic

7/82-6/90 (Part-time) Additional interest in combining pharmacotherapy and psychotherapy; 4

- Seminars in Short-Term Dynamic Psychotherapy of Davanloo and Malan; APA Observer to Short-Term Dynamic Psychotherapy Conference in Alicante, Spain, October 1983
- 10/14/07 Basic PTSD Training Focused on Returning Combat Veterans, Board of Behavioral Sciences, California Continuing Education Provider #1296, National Veterans Foundation, President Shad Meshad, MSW, LCSW, CTS

PUBLICATIONS

A. ORIGINAL, PEER REVIEWED ARTICLES

1. Frances A, Brown RP, Kocsis JH, Mann JJ: Psychotic Depression: A Separate Entity? Am J Psychiatry, 138:831-833, 1981.
2. Brown RP, Frances A, Kocsis JH, Mann JJ: Psychotic Versus Nonpsychotic Depression: Comparison of Treatment Response. J Nervous Mental Disease, 170:635-637, 1982.
3. Brown RP, Sweeney J, Frances A, Kocsis JH: Age as a Predictor of Treatment Response in Endogenous Depression. J Clin Psychopharm, 3:176-178, 1983.
4. Brown RP, Sweeney J, Loutsch E, Kocsis JH, Frances A: Involutional Melancholia Revisited. Am J Psychiatry, 141:24-28, 1984.
5. Brown RP, Kocsis JH: Sudden Death and Antipsychotics. Hosp & Comm Psychiatry, 35:486-491, 1984.
6. Mann JJ, Aarons SF, Frances AJ, Brown RP: Studies of Selected and Reversible Monoamine Oxidase Inhibitors. J Clin Psychiatry, 45 [7, Sec. 2] :62-66, 1984.
7. Frances A, Clarkin J, Gilmore M, Hurt S, Brown RP: Reliability of Criteria for Borderline Personality Disorder: A Comparison of DSM III and DIB. Am J Psychiatry, 141:1080-1084, 1984.
8. Brown RP, Mann JJ: Current Theories of Antidepressant Action and the Biochemical Basis of Depression. J Clin Psychiatry (Monograph), 2:20-22, 1984.
9. Brown RP: Amoxapine in Perspective. J Clin Psychiatry (Monograph), 2:2022, 1984.
10. Halper J, Mann JJ, Weksler ME, Bilezekian J, Sweeney J, Brown RP, Golbourne T: Significance of Age and Sex Effects upon Beta Receptor Function in Intact Human Lymphocytes. Life Sciences, 35:855, 1984.
11. Brown RP, Kocsis JH, Glick ID: Efficacy and Feasibility of High Dose Antidepressants in Elderly Delusional Depressives. J Clin Psychopharm, 4:311-315, 1985.
12. Halper JP, Brown RP, Sweeney JA, Kocsis JH, Peters A, Mann JJ: Blunted B-Adrenergic Responsivity of Peripheral Blood Mononuclear Cells in Endogenous Depression. Arch Gen Psychiatry, 45:241, 1988.
13. Mann JJ, Frances AJ, Brown RP, Aarons SF, and Kocsis JH: Monoamine Oxidase Inhibitors: Yesterday, Today and Tomorrow. J Clin Psychiatry (Monograph), 2:27-31, 1984.
14. Brown RP, Mann JJ: Neurotransmitters and Receptors in Psychiatric Disorders: A Clinical Perspective. HOSD & Corem Psychiatry, 36:141-150, 1985.
15. Brown RP, Kocsis JH, Caroff C, Amsterdam J, Winokur A, Stokes PE, Frazer A: Differences in Nocturnal Melatonin Secretion Between Melancholic Depressed Patients and Control Subjects. Am J Psychiatry, 142:811-816, 1985.
16. Brown RP, Kneeland B: Visual Imaging in Psychiatry. Hosp & Comm Psychiatry, 36:489-496, 1985.
17. Mann JJ, Brown RP, Halper JH, Sweeney JA, Kocsis JH, Stokes PE, Bilezekian JP: Reduced Lymphocyte Beta Receptor Sensitivity in Drug-Free Patients with Melancholia. New Engl J Medicine, 313:715-720, 1985.
18. Brizer DA, Brown RP, Kocsis JH, Stokes PE: Interepisode Consistency of Dexamethasone Suppression Test Results in Affective Disorders. Am J Psychiatry, 143:539-541, 1985.
19. Brown RP, Caroff S, Kocsis JH, Amsterdam A, Winokur A, Stokes P, Frazer A: Nocturnal Serum Melatonin in Major Depressive Disorders Before and After Desmethylimipramine Treatment. Psychopharm Bull, 21:579-581, 1985.
20. Brown RP, Mason B, Stoll P, Brizer P, Kocsis J, Stokes PE, Mann JJ: Hypothalamic-Pituitary-Adrenal Axis Function and Suicidal Behavior in Depressive Disorders. Psychiatry Res, 17:317-323, 1986.
21. Kocsis JH, Frances A, Mann JJ, Sweeney J, Ross C, Mason B, Brown RP: Imipramine for Treatment of Chronic Depression. Psychopharm Bull, 21:698-700, 1985.
22. Kocsis JH, Kennedy S, Brown RP, Mann JJ, Mason B: Suicide and Adrenocortical Function.

- Psychopharm Bull, 22:650-655, 1986.
23. Frazer A, Brown R, Kocsis J, Caroff S, Amsterdam A, Winokur A, Sweeney J, Stokes P: Patterns of Melatonin Rhythms in Depression. J Neural Transm (Suppl), 21:269-290, 1986.
 24. Markowitz JC, Brown RP: Seizures with Neuroleptics and Antidepressants. Gen Hosp Psychiatr, 9:135-141, 1987.
 25. Brown RP, Kocsis JH, Caroff S, Amsterdam A, Winokur A, Stokes P, Frazer A: Depressed Mood and Reality Disturbance Correlate with Decreased Melatonin in Depressed Patients. Acta Psychiatrica Scandinavica, 76:272-275, 1987.
 26. Markowitz J, Brown RP, Sweeney J, Mann JJ: Effect of Treatment Modality on Length of Hospital Stay for Depression. Am J Psychiatry, 144:1025-1029, 1987.
 27. Halper J, Brown RP, Sweeney JA, Kocsis JH, Peters A, Mann JJ: Blunted Beta-Adrenergic Responsivity of Peripheral Blood Mononuclear Cells in Endogenous Depression: Isoproterenol Dose-Response Studies. Arch Gen Psychiatry, 45:241-244, 1988.
 28. Brown RP, Stoll PM, Stokes PE, Frances A, Sweeney J, Kocsis JH, Mann JJ: Adrenocortical Hyperactivity in Depression: Effects of Agitation, Delusions, Melancholia and Other Illness Variables. Psychiatry Res, 23:167-168, 1988.
 29. Mann JJ, Aarons SF, Wilner PJ, Keilp J, Sweeney J, Pearlstein T, Frances A, Kocsis JH, Brown RP: A Controlled Study of the Antidepressant Efficacy and Side Effects of Deprenyl. Arch Gen Psychiatry, 46:45-50, 1989.
 30. Devanand DP, Sackeim HA, Brown RP, Mayeux A: A Pilot of Haloperidol Treatment of Psychosis and Behavioral Disturbances in Alzheimer's Disease. Arch Neurol, 46:854-857, 1989.
 31. Brown R: U.S. Experience with Valproate in Manic Depressive Illness: A Multicenter Trial. J Clin Psychiatry, 50 [3 Suppl]: 13-16, 1989.
 32. McBride PA, Brown RP, DeMeo M, Keilp J, Mieczkowski T, Mann JJ: The Relationship of Platelet 5HT₂ Receptor Indices to Major Depressive Disorder, Personality Traits, and Suicidal Behavior. Biol Psychiatry, 35: 295-308, 1994.
 33. Sackeim HA, Prohovnik I, Moeller JR, Brown RP, Devanand DP, Mukherjee S: Regional Cerebral Blood Flow In Mood Disorders: Comparison of Major Depressive and Normal Controls at Rest. Arch Gen Psychiatry, 47:60-70, 1990.
 34. Mann J, Mahler JA, Wilner PJ, Johnson KS, Halper JP, Brown RP, Johnson K, Kocsis J, Chen J-S: Normalization of Blunted Lymphocytes Beta-Adrenergic Responsivity in Melancholic Inpatients by a Course of ECT. Arch Gen Psychiatry, 47:461-464, 1990.
 35. Jones JS, Stanley B, Mann J, Frances A, Guido JR, Traskman-Bendz L, Wichel R, Brown RP, Stanley M: CSF 5-HIAA and HVA Concentrations in Elderly Patients and Controls. Am J Psychiatry, 147:1225-1227, 1990.
 36. Mann JJ, McBride PA, Brown RP, Linnoila M, Leon AC, DeMeo M, Mieczkowski T, Myers J, Stanley M: Relationship Between Central and Peripheral Serotonin Indexes in Depressed and Suicidal Psychiatric Inpatients. Arch Gen Psychiatry, 49:442-446, 1992.
 37. Devanand DP, Brockington CD, Moody BJ, Brown RP, Mayeux R, Endicott J, Sackeim HA: Behavioral Syndromes in Alzheimer's Disease. Intern Psychoger, 4:161-182, 1992. Second place award in 1991 IPA Research Awards in Psychogeriatrics.
 38. McBride PA, Brown RP, DeMeo M, Keilp J, Mieczkowski TA, Mann JJ: The relationship of platelet 5-HT₂ receptor indices to major depressive disorder, personality traits, and suicidal behavior. Biol Psychiatry, 35:295-308, 1994.
 39. Mann JJ, Halper JP, Wilner PJ, Sweeney JA, Mieczkowski TA, Chen J-S, Stokes PE, Brown RP: Subsensitivity of adenylyl cyclase-coupled receptors on mononuclear leukocytes from drug-free inpatients with a major depressive episode. Biol Psychiatry, 42:859-870, 1997.
 40. Di Rocco A, Rogers JD, Brown RP, Werner P, Bottiglieri T. S-adenosylmethionine improves depression in patients with parkinson's disease in an open label clinical trial. Movement Disorders, 15(6):1225-1229, 2000.
 41. Brown RP, Gerbarg PL, Bottiglieri T. S-adenosylmethionine (SAMe) in the clinical practice of psychiatry, neurology and internal medicine. Clinical Practice of Alternative Medicine, 1(4):230-241, 2000.
 42. Brown RP and Gerbarg PL. Herbs and nutrients in the treatment of depression, anxiety, insomnia, migraine, and obesity. Journal of Psychiatric Practice, 7:75-91, March 2001.
 43. Kenny E, Muskin PR, Brown RP, Gerbarg PL. What the general psychiatrist should know about herbal medicine. Current Psychiatry Reports, 3:226-234, 2001.
 44. Brown RP, Gerbarg PL, Bottiglieri T. S-adenosylmethionine (SAMe) for depression: Biochemical and Clinical Evidence. Psychiatric Annals, 32(1):29-44, 2002.
 45. Brown RP, Gerbarg PL, Ramazanov Z: A phytomedical review of Rhodiola rosea. Herbalgram,

- 56:40-52, 2002
46. Brown RP, Gerbarg PG. Sudarshan Kriya Yogic breathing in the treatment of stress, anxiety, and depression: Part I – Neurophysiological Model. Journal of Alternative and Complementary Medicine. 11(1): 189-201, Feb 2005.
 47. Brown RP and Gerbarg PL: Sudarshan Kriya Yogic Breathing in the Treatment of Stress, Anxiety, and Depression: Part II – Clinical Applications and Guidelines. J Comp and Alt Med. 11(4): 711-7, August 2005.
 48. Gerbarg PG and Brown RP: Yoga: a breath of relief for Hurricane Katrina refugees. Current Psychiatry. 4(10): 55-67, Oct 2005.
 49. Brown RP and Gerbarg PL. Yoga breathing, meditation, and longevity. Annals of the New York Academy of Sciences. July 2009, 1172:54-62.
 50. Descilo T, Vedamurtachar A, Gerbarg PL, Nagaraja D, Gangadhar BNG, Damodaran B, Adelson B, Braslow LH, Marcus M, Brown RP. Effects of a Yoga-Breath Intervention Alone and in Combination with an Exposure Therapy for PTSD and Depression in Survivors of the 2004 Southeast Asia Tsunami. Acta Psyciatr Scand 2009 [in press].

B. NON-PEER REVIEWED ARTICLES

1. Kocsis JH, Kennedy S, Brown RP, Mann JJ: Neuroendocrine studies in depression: relationship to suicidal behavior. In Psychobiology of Suicidal Behavior, edited by Mann J, Stanley M. Annals of NY Academy of Sciences, 487:256-262, 1986.
2. Mann JJ, Brown RP, Mason BJ et al.: Alteration of adrenergic receptor responsivity by electroconvulsive therapy. In Proceedings of the IV World Congress of Biological Psychiatry, Elsevier, New York, 1986.
3. Frazer A, Brown RP: Melatonin: A Link Between Environment and Behavior? Integrative Psychiatry, 5:3-26, 1987.
4. Brown RP: Ask the Expert: What Do You Do If Your First Choice Antidepressant, a Serotonin Reuptake Inhibitor, Runs Out of Steam or Never Works Well Enough? Jrnl Prac Psych & Behav Hlth, 1:69-71, 1995.
5. Brown RP: Using and integrative Approach in Clinical Roundup: How do you treat Chronic Fatigue Syndrome in Your Practice? Alternative and Complementary Therapies. 14(3):128-131, June 2008.

C. BOOKS AND CHAPTERS

1. Aarons SF, Mann JJ, Brown RP. Antidepressant Efficacy of L-Deprenyl: Clinical and Biochemical Correlates. In Clinical and Pharmacological Studies in Psychiatric Disorders. Edited by Burrows GD and Norman TR. London, John Libbey and Co., Ltd., pp 33-36, 1985.
2. Mann JJ, Frances AJ, Aarons S, Gellebter B, Polan J, Jemerin J, Brown RP & Kocsis JH. Subclassification of Depressive Disorders. In Proceedings of an International Conference on Jumex. Edited by Nagy G and Szebeni R. Budapest, Chinoln, 1982, Symposium, pp 121-123, 1985.
3. Nitzberg L, Spellrnan M, Patten J & Brown RP. Systemic Consultation in an Inpatient Psychiatric Hospital. In Applications of Systemic Family Therapy. Edited by Campbell D and Draper R. Florida, Grune and Stratton, pp 213-219, 1985.
4. Frazer A, Brown RP, Kocsis JH, Caroff S. Amsterdam J, Winokur A, Sweeney J & Stokes PE. Patterns of Melatonin Rhythms in Depression. Presented at the International Conference on Melatonin in Humans, Vienna, Austria, November 1985. J Neural Transm [Suppl], 21:269-290, 1986.
5. Brown RP. Delusional Depression. In Depression and Depressive Illness: Descriptive Aspects and Models. Edited by Mann JJ. New York, Human Sciences Press, 1987.
6. Bonnet KA & Brown RP. Cognitive Effects of DHEA Replacement Therapy. In Biologic Roles of Dehydroepiandrosterone. Ed by Kalimi M and Regelson W. New York, Walter de Gruyter, 1990.

7. Brown RP, Bottiglieri T, Colman C. Stop Depression Now. Penguin/Putnam. New York, 1999
8. Brown RP, Gerbarg PL: Integrative Psychopharmacology: a practical approach to herbs and nutrients in psychiatry, in Complementary and Alternative Medicine and Psychiatry (Review of Psychiatry Series, Vol. 19, No 1; Oldham JO and Riba MB, series eds.). Edited by Muskin PR. Washington, DC, American Psychiatric Press, 2000, pp. 1-66.
9. Brown RP, Gerbarg PG, Muskin PR. Alternative Treatments in Psychiatry in Psychiatry 2nd Edition edited by Tasman A, Kay J, and Lieberman J. John Wiley & Sons, Ltd, London, UK, Chapter 104, pp. 2147-2183, 2003.
10. Brown RP and Gerbarg, PL. Alternative Treatments in Brain Injury in Neuropsychiatry of Traumatic Brain Injury, Second Edition edited by Silver JM, Yudofsky SC, McAllister TW. American Psychiatric Press, Inc. Washington, DC, 2004.
11. Brown RP, Gerbarg PL, Graham B. The Rhodiola Revolution, Rodale Press, NY, 2004.
12. Gerbarg PL, Brown RP. Yoga, Chapter 15 in Complementary and Alternative Treatments in Mental Health Care, ed. J Lake and D Spiegel, American Psychiatric Publishing, Inc. Washington, DC 2007, pp 381-400.
13. Sageman, S and Brown RP. Free at Last Natural and Conventional Treatment of a Patient with Multiple Comorbid Psychiatric Disorders. Chapter 9, DSM-IV-TR Casebook, Vol 2, 2006.
14. Brown RP, Gerbarg PG, Muskin PR. Alternative Treatments in Psychiatry in Psychiatry 3rd Edition edited by Tasman A, Kay J, and Lieberman J. John Wiley & Sons, Ltd, London, UK 2007.
15. Brown RP, Gerbarg PL, Muskin PR. How to Use Herbs, Nutrients, and Yoga in Mental Health Care. W.W. Norton, New York. 2009.
16. Brown RP and Gerbarg, PL. Alternative Treatments in Brain Injury in Neuropsychiatry of Traumatic Brain Injury, Third Edition edited by Silver JM, Yudofsky SC, McAllister TW. American Psychiatric Publishing, Inc. Washington, DC [in press].
17. Brown RP, Gerbarg PL. Chapter 10 Exam Failure and Grace Jin, Complementary Medicine and Integrative Pharmacology in Approach to the Psychiatric Patient, Ed. JW Barnhill. American Psychiatric Publishing, Inc. Washington, DC, 2009.

D. CASE REPORTS

1. Brown RP, Kocsis JH, Cohen SK: Delusional Depression and Inappropriate Antidiuretic Hormone Secretion. Biol Psychiatry, 18:1059-1063, 1983.
2. Brown RP, Ingber P, Tross S: Pemoline and Lithium in a Patient with Attention Deficit Disorder. J Clin Psychiatry, 44:146-148, 1983.
3. Barnett R, Frances A, Kocsis J, Mann JJ, Brown RP: Peripheral Edema Associated with Trazodone: A Report of Ten Cases. J Clin Psychopharm, 5:161-164, 1985.
4. Devanand DP, Prohovnik I, Tatemichi TK, Brown RP, Linder J, Sackeim HA: Cerebral Perfusion During ECT in a Patient with Stroke. Neuropsychiatry, Neuropsychology and Behavioral Neurology, 1:289-293, 1989.
5. Abraham JT, Brown RP, Meltzer HY: Clozapine Treatment of Persistent Paroxysmal Dyskinesia Associated with Concomitant Paroxetine and Sumatriptan Use. Biol Psychiatry, 42: 144-146, 1997.
6. Sageman, S. and Brown, R. P. 3-acetyl-7-oxo-dehydroepiandrosterone for healing treatment-resistant posttraumatic stress disorder in women: 5 case reports. J Clin Psychiatry. 2006 Mar; 67(3):493-6.

E. REVIEWS, EDITORIALS, LETTERS

1. Brown RP, Kocsis JH. Depression, SIADH, and ECT. (Letter to Editor) J Clin Psychiatry, 44:37,

- 1983.
2. Brown RP, Kocsis JH. Sudden Death: In Reply. (Letter to Editor), Hosp & Comm Psychiatry, 36:81, 1985.
 2. Pauker S, Brown RP. Baclofen Induced Catatonia. (Letter to Editor), J Clin Psychopharm, 6:387-388, 1986.
 4. Mann JJ, Brown RP, Halper JP: Reduced Sensitivity of Lymphocyte Beta Adrenergic Receptors in Patients with Endogenous Depression and Psychomotor Agitation. (Letter to Editor), New Engl J Medicine, 314:924, 1986.
 5. Racoma A, Brown RP. Nocturnal Ulcer Pain Relief from Tricyclic Antidepressants. (Letter to Editor), JAMA, 257:485, 1987.
Mahler JC, Brown RP. More on Metoclopramide and TD. (Letter to Editor) New Engl J Medicine, 316:412, 1987.
 7. Devanand DP, Sackeim HA, Brown RP. Myoclonus During Combined Tricyclic Antidepressant and Lithium Treatment. (Letter to Editor), J Clin Psychopharm, 8:446-447, 1988.
 8. Sackeim HA, Brown RP, Devanand DP, Prudic J: Should Tricyclic Antidepressants or Lithium Be Standard Continuation Treatment after ECT: An Alternative View. (Letter to Editor), Convulsive Therapy, 5:180-196, 1989.
 9. Brown RP. Answer to letter to the editor on "Postmenopausal versus postpartum depression." Human Sexuality, 23:48, 1989.

Recent Lectures – Partial List

May 16-21, 2009 American Psychiatric Association Annual Meeting. San Francisco, CA.

1. The Way of Yoga, Herbs and Nutrients in the Treatment of Stress, Depression, Anxiety Disorders, Post-traumatic Stress Disorder, Veteran PTSD, Mass Trauma, Schizophrenia, Cognitive Disorders, Traumatic Brain Injury, Attention Deficit Disorder, and Sexual Function – full-day course
2. Yoga of the East and West: Integrating Breath Work and Meditation into Clinical Practice – full day course including: Coherent Breathing, Victorious Breath (Ujjayi), Qigong, and Open Focus Guided Meditation for relaxation and pain management

March 13-15 2009 Anxiety Disorders Association of America Annual Meeting. Albuquerque, NM.

1. Mind-Body Practices in Treatment of Anxiety Disorders session
 - a. Yoga-Based Breath Program and Client-Centered Exposure Therapy for PTSD & Depression in Tsunami Survivors. Teresa Descilo, Patricia Gerbarg, A Vedamurtachar, D Nagaraja, BN Gangadhar, R Damodaran, Beth Adelson, Laura Braslow, Sue Marcus, Richard Brown
 - b. Multi-component Yoga-Breath Based Program Reduces PTSD in Australian Vietnam War Veterans. Janis Carter, Patricia L. Gerbarg, Richard P. Brown, Robert Ware
 - c. Art of Living Course (SKY) as Adjunctive Treatment in GAD. Martin Katzman, Monica Vermani, Patricia Gerbarg, Richard P. Brown, Christina Iorio, Leslie Jacobs, Michele Davis, Catherine Cameron
 - c. Clinical trial of Breathing, Movement, and meditation Practices for relief of Symptoms of Post Traumatic Stress Disorder, Depression, and Anxiety Related to September 11th New York City World Trade Center Attacks. Richard P. Brown, Patricia L. Gerbarg, Monica Vermani, Martin A. Katzman

2. Breath Practice for Stress Reduction with movement and meditation: session #131 - 120 minutes

May 2-6. 2008 16th Annual International Military & Civilian Combat Stress Conference: *Utilizing An Integrative Approach To Managing Problems Related To Combat Stress & PTSD.*

1. Yoga Techniques for Combat Stress/PTSD full-day Workshop: Review of research and hands-on experiential training in introductory breath techniques for stress reduction and stress resilience. Lecture on the Neurophysiology of Stress, PTSD and Mind-Body practices
2. Presentation of two research studies:

- i. Randomized controlled study of Multimodal Yoga Breath Program for Relief of PTSD in Australian Vietnam Veterans
 - ii. Comparison Controlled Study of Yoga-Breath Based Program and Traumatic Incident Reduction for PTSD in Survivors of the Southeast Asian Tsunami
- May 5-7, 2008 American Psychiatric Association Annual Meeting, Washington, DC.
 - 3. How to use Herbs, Nutrients and Yoga in mental Health Care – full-day course
 - 4. Yoga of the East and West – full day course including:
 - i. 4 yoga breath forms: Coherence Breathing, Victorious Breath (Ujjayi), Bellow Breath (Bhastrika) & Alternate Nostril Breathing
 - ii. Open Focus Guided Meditation for relaxation and pain management
 - iii. Yoga and Qigong Movements for Relaxation and Joint Injuries
- March 8, 2008 Anxiety Disorders Association Annual Meeting, Savannah, GA.
Mind Body Practices in the Treatment of Anxiety Disorders
- July 3, 2007 Walter Reed Army Medical Center: Yoga Breathing for Work Stress, Combat Stress and Post Traumatic Stress Disorder
- May 21-25, 2007 American Psychiatric Association Annual Meeting, San Diego, CA.
 - 1. Medical Updates: Complementary and Integrative treatments for Posttraumatic Stress Disorder (PTSD), Chronic Fatigue Syndrome (CFS), and Fibromyalgia Syndrome (FMS).
 - 2. Course: The Way of Herbs and Yoga in the Treatment of Stress, Anxiety, Depression, and PTSD
 - 3. When usual treatments fail: Augmentation strategies for refractory schizophrenia
- May 20-25, 2006 American Psychiatric Association Annual Meeting, Toronto, CA.
 - 1. Medical Update – Title: ADD Kids Get Smart Naturally
 - 2. Course: Yoga and Psychiatry: Theory, Clinical Applications, and Beginning Practice
 - 3. The Way of Yoga and Herbs in Treatment of Stress, Depression, Anger, and Mass Trauma
 - 4. Cognitive Enhancement Naturally
 - 5. Schizophrenia Alternative Treatments
- February 24-25, 2006 Keynote Speaker - World Conference Changing paradigms: Science, Consciousness and Spirituality. All India Institute of Medicine, New Delhi, India. Sudarshan Kriya Yoga for Mind, Body and Spirit: an integrative neurophysiological model
- November 7, 2005 Columbia Presbyterian Medical Center, CAM Department, NY – Yoga Breathing
- November 3, 2005 Spirituality and Health Conference, Florida international University, Miami Florida
Key Note Speaker - Yoga Breathing Effects on Mind, Body and Spirit
- October 28, 2005 National Lyme Disease Association Meeting, Philadelphia, PA – Natural treatments for Lyme, Fibromyalgia and Chronic Fatigue
- September 2005 MD Anderson Cancer Center, Houston Texas – Yoga Breathing Neurophysiology and Clinical Benefits
University of Texas School of Public Health – Yoga Breathing Neurophysiology and Clinical Benefits
- August 2005 University of Brisbane, Brisbane, Australia – Natural Cognitive Enhancement
Australian College of Natural Medicine – Yoga Breathing: Vehicle for Transformation and Healing
- July 12, 2005 University of Texas Medical Branch, Galveston, Texas – Yoga Breathing Neurophysiology and Clinical Applications
- July 9, 2005 MD Anderson oncology Center - Yoga Breathing Neurophysiology and Clinical Applications
- May 28, 2005 Science of Breath Conference, Florence, Italy - Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, and Mass Trauma
- May 27, 2005 American Psychiatric Association, Atlanta – Yoga and Psychiatry

- May 25, 2005 American Psychiatric Association, Atlanta – Natural Treatments in Schizophrenia
- May 24, 2005 American psychiatric Association, Atlanta – Yoga and the Way of Herbs in the Treatment of Anxiety and Depression
- May 24, 2005 American Psychiatric Association Symposium on Somatoform Disorders, Fibromyalgia & Chronic Fatigue Syndrome – Neurophysiology and Natural treatments
- May 23, 2005 Center for Disease Control - Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, and Mass Trauma
- May 23, 2005 American Psychiatric Association, Atlanta – Medical update: Cognitive Enhancement, Get Smart Naturally
- May 18, 2005 Boston College, Boston – Attention Deficit Disorder: Natural and Alternative Treatments
- May 12, 2005 Innovative Approaches to Prison Rehabilitation Focus on yoga Breathing, Conference of Representatives of the Criminal Justice System, Palo Alto
- May 10, 2005 Oshur Institute University of California San Francisco - Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, and Mass Trauma
- April 11, 2005 Tufts New England Medical Center Science Grand Rounds - Alternative Treatments in Depression: SAM-e, Rhodiola rosea, Yogic Breathing
- April 7, 2005 Harvard Student Health Services - Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, and Mass Trauma
- April 6, 2005 Brown University - Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, and Mass Trauma
- April 6, 2005 Harvard Mind/Body Center - Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, and Mass Trauma
- April 6, 2005 Cambridge Health Alliance Medicine Grand Rounds - Yoga Breathing – Neurophysiology and Clinical Benefits in Treatment of Anxiety, Insomnia, Depression, PTSD, Stress-related Medical Illnesses, and Mass Trauma
- Nov. 5, 2004 National Institute of Health, Bethesda MD – Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, and Mass Trauma
- Oct 27, 2004 Boston College Conference for College Student health Services: Yoga Breathing: Neurophysiological Model and Benefits in Depression, Stress, PTSD, Anxiety, ADD, and Violence.
- Sept. 30, 2004 M.I.T., Cambridge, MA Public Lecture - Yoga Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, Mass Trauma
- Sept. 31, 2004 Spalding Rehabilitation Hospital at Massachusetts General Hospital, Boston - Yogic Breathing: Neurophysiological Model and Applications in Depression, Stress, PTSD, Anxiety, ADD, Violence, Mass Trauma
- Aug. 10-13, 2004 Aspen Center for Integrative Health, Aspen, CO – Lecture: Yoga Breathing
- July 12-18, 2004 Lectures on Yoga Breathing in Taiwan: National Taiwan University Hospital, Chinese Culture University, Taipei City Psychiatric Center, Shih Chien University, NeiHu Technology Park Service Center, Taichung Land Survey Bureau, Chian Li Company, National Cheng Kung University Medical College
- July 20, 2004 Chinese University of Hong Kong, School of Chinese Medicine – Lecture on Yoga Breathing

- June 26, 2004 Montefiore Albert Einstein Course: Advances in Treatment of Depression. Lecture: Nontraditional Medical Treatments
- June 9, 2004 Columbia University College of Physicians and Surgeons Conference on Botanical Medicine in Modern Clinical Practice. Lecture: *Rhodiola rosea* and SAM-e for Mental Health
- June 3, 2004 New York Chapter of the American Holistic Medical Association: *Rhodiola rosea* and Yogic Breathing
- May 28, 2004 Spirituality and Health Conference, Calgary, Canada – Lecture: Yoga Breathing: Theory and Clinical Applications
- May 22, 2004 Sheppard Pratt 40th Annual Scientific Day on CAM in Modern Psychiatry. Lecture: Yogic Breathing and Herbs in the Treatment of Depression
- May 6, 2004 NASA Goddard Space Agency - Lecture: Adaptation to Space Flight
- May 3-5, 2004 American Psychiatric Association Annual meeting
1. Introduction by Dr. Richard Brown and Combined Discussion for the APA Annual International Speaker, Sri Sri Ravi Shankar: Psychiatry: a Holistic Approach
 2. Course: Alternative Treatments in Depression: SAM-e, *Rhodiola rosea*, Yogic Breathing
 3. Medical Update – Better Sex Naturally
 4. Alternative Treatments in Schizophrenia
- Feb. 8-11, 2004 Aspen Conference for Integrative Medicine the Evidence Basis of Clinical Care, Aspen, CO. Lecture: Evaluation of the Integrative Approach to Depression and Related Emotional Disorders
- Oct. 22, 2003 Grand Rounds SUNY Downstate Medical Center Brooklyn, NY. Lecture: Yoga Breathing: Neurophysiology and Clinical Applications
- Sept. 10, 2003 United Nations Conference on The Psychological Aspect of Peace from Youth to Maturity. Lecture: Yoga Breathing for Anxiety, Depression, Violence, Trauma, and Behavioral Disorders of Children
- May 2003 American Psychiatric Association Annual Meeting
1. Course: Complementary and Alternative Treatments in Psychiatry
 2. Medical Update: Yogic Breathing: Neurophysiologic Theory and Clinical Applications for Treatment of Stress Related Disorders, Depression, and Aggression
- Jan 2003 International Symposium on Spiritual Regeneration – Bangalore, India. Panel on Spirituality and Medicine. Lecture: Science and Health of Yoga Breathing
- May 2002 American Psychiatric Association Annual Meeting
- Full Day Course by Dr. Richard Brown: CAM Treatments in Psychiatry
 Depression, Anxiety, Insomnia, Migraine, Fertility, Menopause, Sexual Function, Prostate Health
 Adaptogens: *Rhodiola rosea*
 Cognitive Enhancement, Brain Injury, Stroke, Dementia, ADD, Dyslexia,
 Substance Abuse
- Feb 2002 International Symposium Science of Breath – NIMHANS New Delhi, India. Yoga Breathing Quiets the Cortex and Rouses the Limbic System
- 1999 United Nations Conference on World Depression. Lecture: Herbal and Natural Treatments for Depression